



In-Clinic-Pop Up

GUIDE



Get Ready

BOOK VENUE

1. Get confirmed list of facilities from DRCHCO. For Familia facility RHQAS will select and arrange facility with the owner
2. Pick 1 facility from list and initiate communication for early preps.
3. Print message to be used for mobilization and have it posted in facility for mobilization. Alternatively message can be sent to facility in-charge/communication person in the facility to do early mobilization.

GET PERMISSION

1. Ask the facility to report to the local authority that the event will be held in the area.
2. When arriving to the area, visit local govt. offices to introduce yourselves and give PSI intro letters detailing your activities and the event.
3. It's good to urge local leaders to attend events even for a short time so they are aware of team's presence and get glimpse of events.

INVITE PARTICIPANTS AND PREPS

1. Contact IPC/Facility/Mobilizer at least 3 days before and instruct them to start mobilizing girls to events
2. Hand-out invites for mobilizers to give out to girls when inviting.

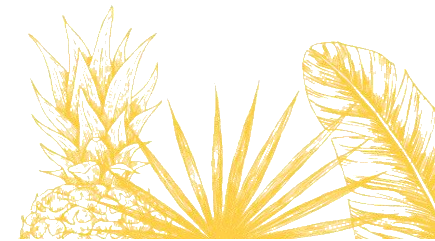
3. Continue following progress with IPC and other mobilizers used to confirm invitations have been sent out and venue ready.

Note: You can use mix of mobilizers to invite girls, i.e. **facility, local govt. PA, IPC** (in Familia facilities) and **Parents** (if you have conducted *parents sessions* before)

PREPARING FOR EVENTS

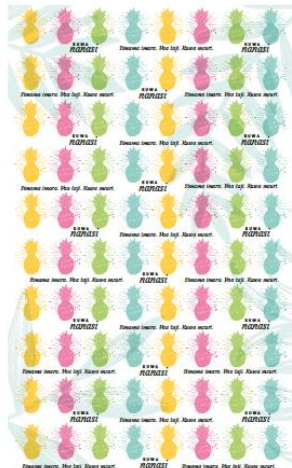
1. Prepare teaching materials, including charts, banners, flash cards, job aids etc.
2. Make sure the space for the session is separate to minimize interaction with adults
3. If there is limited space, use a small tent where session will be held to give privacy to the girls
4. Put on appropriate banners according to brand guideline
5. Prepare everything before girls arrive! Very Important!
6. **Conduct pre-event meeting to clarify roles and responsibilities of everyone involved in the event**

"Kuwa Mjanja reaches girls aged 15-19 both married and unmarried; with or with no child."



In-Clinic Pop Up Supplies:

INVITATION CARDS



SELFIE BANNER

KM BANNER



T-SHIRT

KARIBU
TUKUHUDUMIE
POSTER



List of Supplies

- Invitation cards – given to girls to invite them to in-clinic pop up event. To be distributed during mobilization 3 days prior event day
- Follow up cards – has phone number for adopters to call in-case of need for assistance or side effect reporting
- Posters “Karibu tukuhudumie” – Should be put on the door where provider will see KM attendees
- T-Shirts – worn by event organizers for girls to identify
- New Counselling tool – C4C tool helps to guide a counselling based on needs and continuation in all KM event
- Selfie banner – For girls to take selfies during events
- KM banner – they help to create the KM vibe and best experience for girls and are essential component of a youth tailored Kuwa Mjanja



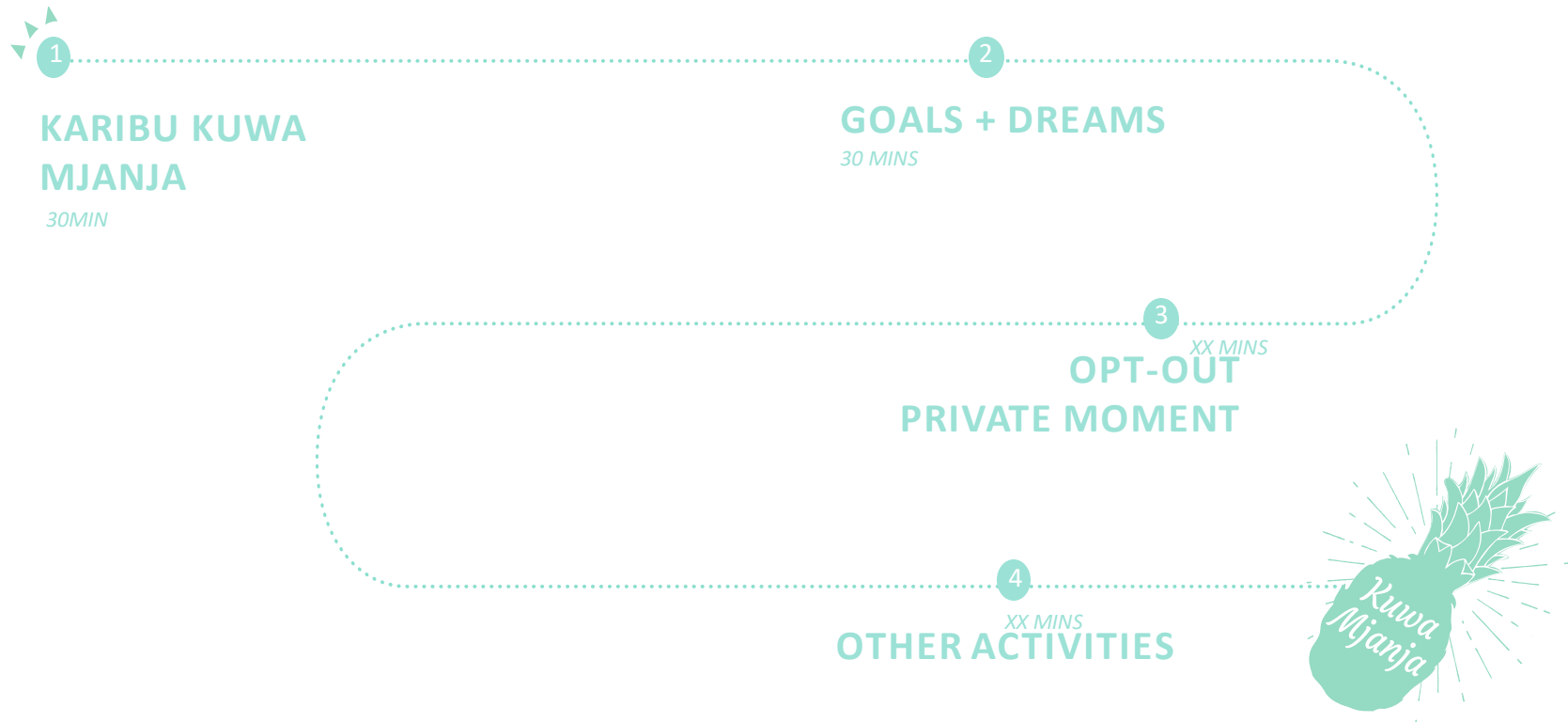
NANASI STORY



FOLLOW UP CARDS

LET'S RUN A session

Every session is made up of 4 main parts:



1. KARIBU KUWA MJANJA

10 MINS



INTRODUCTION

Welcome the girls in, where the event is and start by introducing yourself and let them introduce themselves too.

Facilitator: "My name is ... I work with smart girls such as yourselves"

Facilitator: "I would like to know your names as well..."
(Make introduction more fun by including a game for example during introduction)

After girls introduce themselves ask them "Why we are here?"

WHY WE ARE HERE?

Facilitator: "Why are we here today?"

(Let few of them answer...)

Facilitator: "These are all good answers! We are here today to learn how to become smart girls"

Facilitator: "Who can tell me about what they know about Kuwa Mjanja?"

(let them contribute...Then define what Kuwa Mjanja is)

Facilitator: "Kuwa Mjanja is for a Tanzanian girl, it is an opportunity for you girls to discover your dreams and learn how you can achieve your life goals, to get to know about your reproductive health and to meet and network with other girls in this area and from other places."



NEXT READ NANASI STORY

Facilitator: "Kuwa Mjanja is for youth such as ourselves and as young people we are proud of who we are, we stand tall, wear our crown, and are beautiful, like Pineapple!"

"That is why we are using a pineapple symbol. Who can help me read Nanasi story loud so we can all know this story?"



2. GOALS + DREAMS

XX MINS

WHY DREAMS? WHY CONTRACEPTION?

ACTIVITY

Girls have so many dreams they want to achieve in their life.

Most cannot because of so many challenges girls face.

Major challenge is getting pregnant at a young age!

Contraception is a tool that can help girls who are sexually active to attain that goal!

Facilitator: "Can anyone tell me what their dreams are?"

(Listen to answers from participants. Then continue asking.)

Facilitator: "What do you think can prevent you attaining your dreams?"

(Listen to the answers, you can after this start talking about teenage pregnancy as a major barrier and focus on it as we are going towards the topic of contraception)

Remember contraception is a tool to help girls reach their goals!



Benefits of contraception use to you:

Facilitator: "Contraception use can help in a number of ways including; To help you delay the first child as you grow your business until you have sufficient money to take a good care of your baby while your business continue to flourish."

Contraception will help you prevent pregnancy so that can reach your dreams with no interruptions i.e. finish school!

Girls (especially Bahati) normally do not see contraception as something for them. We need to make them understand the relevance of using contraception by packaging our conversation in a broader narrative about their goals and how contraception can play a vital role to reaching those goals/dreams



3. OPT-OUT PRIVATE MOMENT



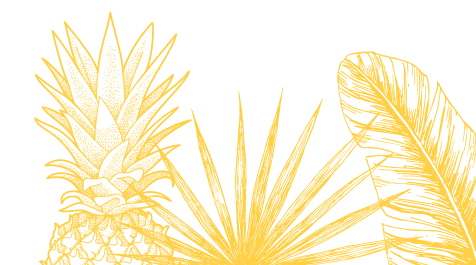
1 on 1 WITH PROVIDER

Benefits of contraception use to you:

- When finishing the talk i invite girls to visit service provider one by one.
- Remember to observe privacy during service provision.
- Every girl will get the chance to see provider, they can after leave if they do not want the service

SAY: "To understand more about contraceptive methods I have just mentioned I am welcoming a health care provider who is an expert in these methods. She will tell us all that we need to know about the methods, and after that, she will be available to respond to all your questions in private"

Make sure every girl is registered on CwS and has her voucher number written on piece of paper before going to the provider.



OTHER ACTIVITIES

15 MINS

The anonymous bowl

Ask girls to write questions they have about what have been discussed on a small piece of paper without writing their names and fold the paper. Collect the questions in a bowl/box.

ACTIVITY

Pick interesting questions from the bowl that you can answer them correctly, ask the question allow for girls to respond first, then offer additional information. Use the exercise to buy time as girls circle in and out of the provider's room.

Say: "I am going to answer the questions that some of you asked. Remember, the provider is available to answer more of your questions. Feel free to ask her when your turn comes."



Mjanja Connect Videos

Mjanja connect is a pre-counselling tool filled with fun content which are targeted for ...

ACTIVITY

In this activity girls either individually or in a group will take turns going through the app and watch videos as well as answer quizzes.

This will help prepare them to make the decision to adopt a method as they wait to see provider.

If girls have a questions they can ask an IPC or a designated person who will be running this session as well.



Be A
Pineapple!

